



**Southend
West Central
Primary Care Network**

Need help using the NHS App?

**Westcliff
Library**
Wednesday
25 March
12-3pm

Our team can help you get the most out of the NHS App and gain skills to access digital health.

Please bring photo ID with you in order to register with the NHS App.

Talk to our social prescriber

If you need help accessing benefit, housing or debt/finance support, or you would like to talk to someone about issues with loneliness or isolation, the PCN's social prescriber can help.

